

GEAR CHECK AND RULES FOR ONE-DAY-EVENT

DRESSAGE

- **No whips.**
- **Dummy spurs allowed but no longer than 30mm**
- **No horse boots or bandages of any type**
- **Snaffle bits only. Only one type of metal allowed in mouth**
- **Channel of saddle must be clear of horse's backbone and there must be sufficient clearance at wither**
- **No chapettes. Long boots/gaiters only for riders 17 years +**

SHOWJUMPING AND CROSS-COUNTRY

- **Curb chains must have covers on**
- **Dropped nosebands, Hanoverian or any noseband which fits in the horse's curb groove is not permitted with a curb chain**
- **Dummy spurs (as above in dressage section)**
- **If bandages are used there must be padding between bandage and horse's leg and they must be sewn at start & finish**
- **Boots with velcro and/or buckles are permitted**
- **No plastic or electrical tape is permitted**
- **Running martingales must have stoppers on the reins and above breastplate or neck strap. No standing martingales**
- **Whips are permitted but no longer than 75cm**
- **Body protectors are permitted but not compulsory**
- **No chapettes. Long boots only for riders 17 years & above**
- **Stopwatches only for A & B grades**

FREQUENTLY ASKED QUESTIONS & ANSWERS

- **If I am eliminated in the dressage or showjumping can I still go cross-country?** – Yes, you may
- **Am I eliminated if I fall off in the showjumping** – Yes, you are
- **Am I eliminated if I fall off in the cross-country** – Yes, you are
- **What should I do if I am eliminated on the cross-country course** – You should dismount, run up your stirrups and lead your horse back at the walk, being careful not to get in the way of other riders on course
- **How many penalties do I get for a refusal in the cross country**
20 penalties for the 1st refusal at a fence
40 penalties for the 2nd refusal at the same fence (total 60)
Elimination for the 3rd refusal at the same fence
- **What do I do if the rider behind me is catching up to me on the cross-country?** – Move to one side of the track and let them pass
- **What do I do if the rider in front of me is holding me up because they are having problems?** Call out (politely) that you are coming through and be considerate that they are having difficulties. If you are approaching a fence, the jump judge will assist you.

PLEASE NOTE – YOU WILL BE ELIMINATED FOR DANGEROUS RIDING, EXCESSIVE USE OF WHIP OR SPURS, NOT FOLLOWING INSTRUCTIONS FROM OFFICIALS AND BAD LANGUAGE